

EMERGENCY ASSISTANCE PLAN

Sabang, Puerto Galera, Philippines

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www.tauchen-reisen-abenteuer.eu
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LIFE THREATENING ACCIDENT

First Alert

Message is "CODE BLUE" Radio frequency: **Channel 72**
 Call: Frontier Divers: **0917 540 8410, 287 3077**
 Captain Greggs: **0917 540 4570, 0918 901 4571, 043 287 3071**
 ASIA Divers: **0917 529 6539 / 043 287 3206**
VHF 146,87



First Aid

Emergency kit and water to the scene

Sabang Market:
FB Daytec Doktor ko Medical Clinic & Diagnostic Center 0917 562 0011, 042 287 3156
 Sabang Main Street: Dr. Carmelita Atienza **0921 344 1281, 043 287 3350**
 Puerto Galera: Dr. Nephali Saguil: **043 44 200 94**
AED's: Sabang: Rick: 0917 540 8410 / XC: 0920 424 3993
 Small La Laguna: Dave: 0915 379 1530

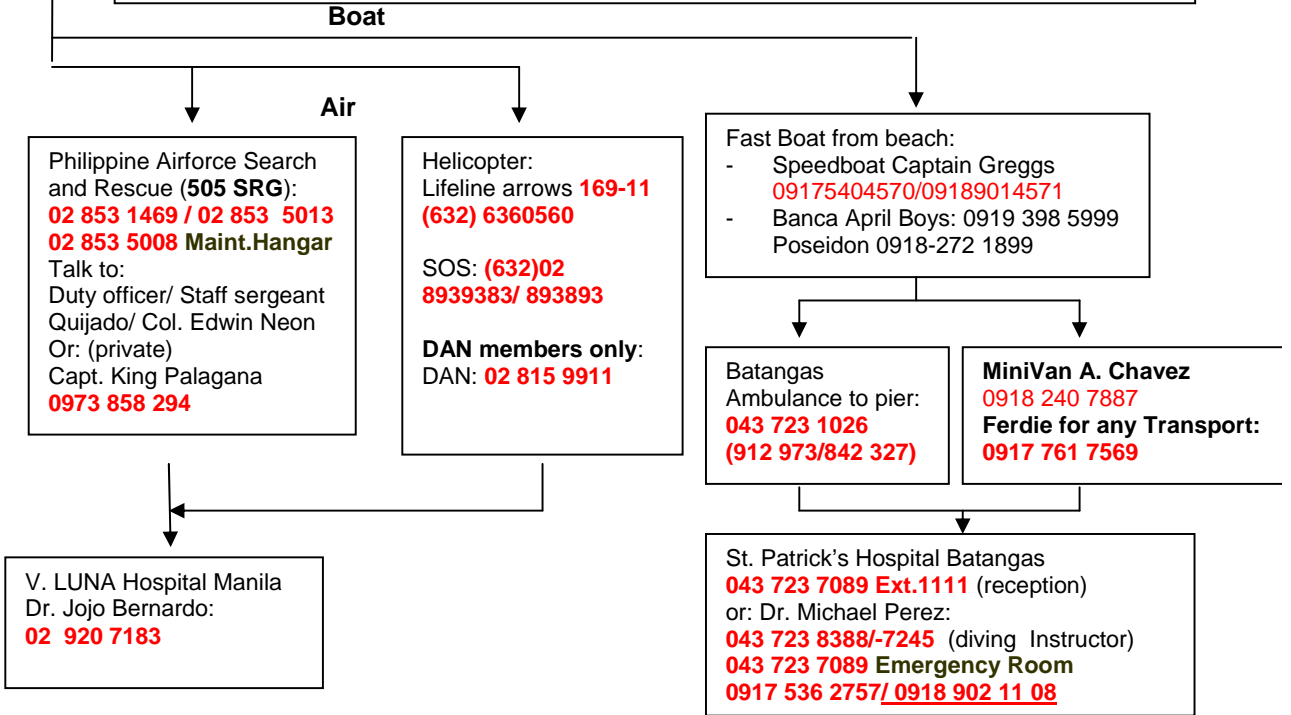
APPLY CIRCLE OF CARE

- Arousal (tap shoulder ask: "are you OK?")
- Establish an airway (use head-tilt /chin lift or jaw-thrust method) , prevent aspiration of vomit.
- Check for breathing (look listen and feel)
If NOT: mouth to mouth (initially 2 breaths, then 1 breath every 5 seconds)
If NOT: use CPR:
 - CPR rate: 80-100 compressions per minute
 - 1 rescuer: compression ventilation ratio 30:2
 - 2 rescuers: compression ventilation ratio 30:2
- Check for bleeding (use bandages or pressure points to stop bleeding)
- Check for shock:

Symptoms: - shallow breathing / labored gasping	- pale tissue color
- moist, clammy skin	- rapid weak pulse
- restlessness and anxiety	- nausea, vomiting and thirst
- mental confusion	

If shock: give nothing by mouth, maintain body temperature, keep patient lying.
- Keep reassuring the patient (if conscious)

Evacuation



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DECOMPRESSION ILLNESS and, or missing Divers



First Alert

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First Aid

Emergency kit and water to the scene

APPLY CIRCLE OF CARE

- Arousal (tap shoulder ask: "are you OK?")
- Establish an airway (use head-tilt /chin lift or jaw-thrust method), prevent aspiration of vomit.
- Check for breathing (look listen and feel).
If NOT: mouth to mouth (initially 2 breaths, then 1 breath every 5 seconds).
 If breathing and conscious: administer 100 % oxygen.
 Place a breathing patient on the left side and support the head.
If NOT: use CPR: - CPR rate: 80-100 compressions per minute
 - 1 rescuer: compression ventilation ratio 30:2
 - 2 rescuers: compression ventilation ratio 30:2
- Check for bleeding (use bandages or pressure points to stop bleeding).
- Check for shock:
 Symptoms: - shallow breathing / labored gasping - pale tissue color
 - moist, clammy skin - rapid weak pulse
 - restlessness and anxiety - nausea, vomiting and thirst
 - mental confusion.

If shock: give nothing by mouth, maintain body temperature, keep patient lying.
 If no shock: administer fluid e.g. fruit juice or water (non alcohol, non caffeine!).

- With convulsions: do not restrain, keep open airway, resume oxygen.
- Keep reassuring the patient (if conscious).

Evacuation

Decompression Facility

Use Speed-boat or fast Banka
 Cpt. Greggs:
09189014571/09175404570
John Damiel: 0917 396 1047
April Boys: 0919 398 5999

St. Patricks Hospital Batangas and Deco- Chamber
043 723 7089 Ext. 1111 loc 0(reception)
 or: Dr. Michael Perez: (diving Instructor)
0918 902 11 08 / 0917 536 2757
043 723 8388 043 723 2745
Beeper 150611 169

Search + Rescue

Subic Bay Sea Plane
047 252 3005
047 252 2230
Cell 0919 325 1106
 Talk to: Mike O'Farrel

Philippine Airforce Search and Rescue
(505 SRG):
02 853 1469 / 02 853 5013 HQ (A3)
Maintenance Hangar 02 853 5008
 Talk to: Duty officer/ Staff sergeant Quijado /
 Col. Edwin Neon . Or: (private):
 Capt. King Palaaana **973 858 294**

Helicopter:
 Lifeline arrows **169-11**
(02) 636 0560
 SOS: **+(02) 893 9383/ 893893**
DAN members only:
 DAN: **(02) 815 9911, ext. 2123**
24h: 0918 901 4908

Alternate Medical Facilities

If weather conditions do not allow sea-transport use land-transport to Clinic/Puerto Galera or Calapan.
 Puerto Galera Clinic: Dr. Nephthali Saguil: **043 442 0094**
Provincial Hospital Calapan: 043 288 4556